

CMT AUSTRALIA TELEHEALTH NURSE

CMT-CUSTOMIZED TELEHEALTH – BRAND NEW FREE NEW SERVICE

LAUNCHING 7 APRIL 2024!



Do you have questions about Charcot-Marie-Tooth? Wonder what CMT will really mean to you or your loved one? Got questions about how to manage the challenges or pain or numbness you face? Want to know how to arrange genetic counselling, or AFOs? Need to know who's a good podiatrist in your area, or who are the specialists recommended by other CMTers? Confused by NDIS and how to use it to help manage CMT? Just want to chat with someone with both medical knowledge and empathy?

Our Pathways Telehealth Nurse Service will have answers for you!

HOW CAN I ACCESS THIS SERVICE?

Register online for your consultation [here](#). Or call 1300 75 50 50 – this is a central phone line where you can register with the Pathways receptionist for a nurse consultation. The receptionist will take down your name, phone number, email and ask a little about the help you are seeking. Make sure you mention that it's about CMT.

The service is available free of charge to both CMT Australia members and non-members.

WHAT EXACTLY IS THIS SERVICE?

CMT Australia is proud to partner with [the Centre for Community-Driven Re-search](#), to help people with CMT better understand their health management options and better navigate the health system and its myriad services.

Available for people throughout Australia, this is a free, fully online and/or phone service, where patients speak confidentially to a registered nurse about the CMT-related issues that concern them or their family member. In this patient-driven model, the nurse will provide information to help answer the caller's questions and, where appropriate, will be able to develop a care plan with and for you but will not provide medical advice.

HOW WILL IT WORK?

We will trial the program for 12 months to see how much it's used and how happy people are with it. Experience running the Pathways Telehealth Nurse Service has been positive for other patient organisations, like [the Mito Foundation](#).

For the 12-month trial, our nurse will be available for 4-6 hours per week.

WHAT TRAINING AND OVERSIGHT WILL THE CMT AUSTRALIA PATHWAYS TELEHEALTH NURSE RECEIVE?

The nurse will receive ongoing training and supervision from senior nursing staff of the Centre for Community-Driven Research, which has been successfully running the Pathways Telehealth program in partnership with various patient organisations since 2019. See more information [here](#).

HOW CAN CMT AUSTRALIA AFFORD TO PROVIDE THIS SERVICE?

We have started fund-raising and will be ramping this up. We'd really appreciate any assistance you can provide with our campaigns, which we will promote on our website and through social media.

